

Operating Instructions

250W Blender



Item: GBB150

General care and safety guide

Thank you for choosing this GOLDAIR Blender. This GOLDAIR appliance has been designed and manufactured to high standards of engineering and with proper use and care, as described in this leaflet, will give you years of useful service. Please read these instructions carefully and keep them for future reference.

ALWAYS

- ✓ Always ensure hands are dry before handling the plug or the Blender.
- ✓ Always operate the Blender in the middle of a secure, dry, level surface.
- ✓ Always allow the Blender to cool before cleaning and storing and before removing and/or cleaning its components.
- ✓ Carry out regular checks of the supply cord to ensure no damage is evident.
- ✓ Return the Blender after a malfunction, or if it has been damaged in any manner, to an authorised electrical service technician for examination, repair or adjustment as special purpose tools are required.
- ✓ Children should be supervised to ensure that they do not play with the appliance.
- ✓ Before washing Blender jug, remove it from the Blender.
- ✓ Unplug from outlet while not in use and before cleaning.
- ✓ Switch off the appliance and disconnect from supply before changing accessories or approaching parts that move in use.
- ✓ Avoid contact with the moving parts. Keep hands, hair, clothing, as well as spatulas and other utensils away from blades of the Blender during operation to reduce the risk of injury to person and/or damage to the Blender.
- ✓ Prior to initial use, wash all the parts that come into contact with food.
- ✓ Take care when handling the Blender blades; they are very sharp.

NEVER

- ✗ Never use this appliance outdoors.
- ✗ Never use this appliance for any purpose other than its intended use. This appliance is intended for household use only or in similar applications such as:
 - Staff kitchen areas in shops, offices and other working environments;
 - Farm houses
 - By clients in hotels, motels and other residential type environments;
 - Bed and breakfast type environments
- ✗ Never leave the appliance unattended when in use.
- ✗ Never allow the power cord to overhang the edge of a table or bench top or to touch any hot surface.
- ✗ This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities or lack of experience and knowledge, unless they are supervised or have been given instruction concerning the use of the Blender by a person responsible for their safety.
- ✗ Never place this appliance on or near a hot gas or electric burner or where it could touch a heated oven or microwave oven. Do not place in a hot oven.
- ✗ Never immerse the Blender's power housing, the cord set or plug in water or any other liquid to protect against electrical hazards.
- ✗ Never place the Blender in a dishwasher.
- ✗ Never use harsh, abrasive or caustic cleaners to clean this appliance.

TECHNICAL SPECIFICATION

Item No: GBB150
Power Supply: 220 - 240VAC 50Hz
Power: 250W

CARE AND SAFETY CONTINUED OVERLEAF

General care and safety guide, continued

✗ Never operate the appliance with a damaged cord or plug, after it malfunctions, or if it has been damaged in any manner. Have the appliance checked and repaired by a qualified electrician if repair is necessary. If the supply cord is damaged, it must be replaced by the manufacturer, its service agent or similarly qualified persons in order to avoid a hazard.

✗ The Blender is not intended to be operated by means of an external timer or separate remote-control system. The use of an extension cord is not recommended.

✗ Never use metal scouring pads for cleaning. Small metal pieces can come loose and cause short-circuiting of electrical components, which can cause electric shock or damage the appliance.

✗ Due to the risk of injury, the use of third party accessories is not recommended by the manufacturer.

✗ Never blend hot oil or fat.

✗ Never touch blades while the machine is plugged in.

✗ Never insert objects into the blender jug while the machine is plugged in.

✗ Do not allow children to use the blender without supervision.

Before first use

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Carefully unpack the Blender and remove all packaging material.

Clean the various Blender accessories in warm soapy water. Rinse and dry thoroughly before use.

Cleaning

To avoid risk of electric shock, before cleaning, you **MUST ALWAYS** switch off and unplug the cord from the electrical outlet.

Wipe Blender body with a damp cloth and dry well. **DO NOT** immerse Blender body in water or any other liquid.

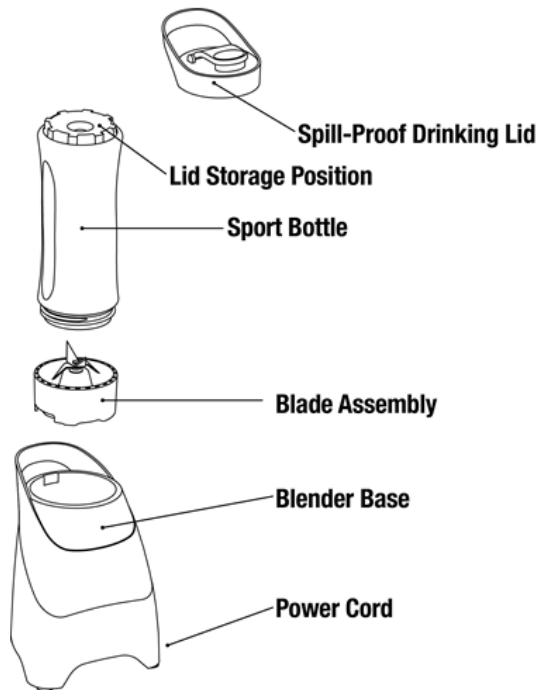
Wash sport bottle in hot soapy water. Rinse well and dry. Be very careful with the sharp blades.

Alternatively, partially fill Blender jug with warm (not hot) water and a little dishwashing liquid. Run the Blender for a short period to clean the jug. Rinse and dry well.

DO NOT PLACE ANY OF THE BLENDER PARTS IN A DISHWASHER.

After cleaning, reassemble blade assembly to open end of the sport bottle and then place in the blender base. Snap the drinking lid on the other end of the sport bottle.

Components



Notes for use

DO NOT use the Blender continuously for more than 1 minute. If you need to run for more than 1 minute to blend your ingredients, run for 1 minute, stop for 1 minute then repeat. DO NOT repeat more than 5 times.

DO NOT overload the Blender past the 20oz/600ml mark.

If the Blender stalls, turn off immediately. Leave for at least 15 minutes. Remove some of the ingredients. Continue.

This Blender IS NOT suitable for use with warm liquids (over 60°C).

For best result place ingredients into bottle in the following order: liquids, fresh ingredients, frozen ingredients, yoghurt, ice cream.

Cut any fruit into pieces no larger than 2.5cm

Operating your Blender

Place the sport bottle on a flat surface with the open end facing up. Place your ingredients into the bottle. Be sure not to fill ingredients past the 20 oz marking.

Fasten the blade assembly on the open end of the sport bottle.

Turn the sport bottle upside down and place onto blender base. Turn the bottle to the closed position to lock the sport bottle in the base for hands-free operation.

Make sure the bottle is firmly locked into place.

Once the bottle is locked on the base, plug in the blender and turn on at power point. Blender will begin automatically.

It takes about 1-2 minutes to blend smoothies/shakes.

Blending will stop once you turn and unlock the sport bottle from the base.

Turn off and unplug the appliance after the blending is finished.

Slide and turn the sport bottle over, place it on a flat surface. Replace the blade assembly with the drinking lid.

Recipes

Orange Berry Smoothie

½ cup fresh orange juice

½ small navel orange, peel and pith removed, cut into chunks

¼ cup frozen blueberries

¼ cup frozen raspberries

Put all into the blender in the order given, screw the blade onto the bottle and blend until smooth.

Fruit and Yoghurt Smoothie

¼ - ⅓ cup plain non-fat or low-fat yogurt

¼ medium chopped peeled pear

¼ small sliced banana

¼ Tablespoon protein powder

¼ cup crushed ice (crush ice in a plastic bag with a rolling pin)

Put all into the blender in the order given, screw the blade onto the bottle and blend until smooth.

Carrot and Mango Smoothie

¼ cup fresh carrot juice

¼ ripe mango, chopped (or ¼ cup frozen mango chunks)

Small pinch nutmeg

⅛ cup crushed ice (crush ice in a plastic bag with a rolling pin)

Leave out ice if using frozen mango

Put all into the blender in the order given, screw the blade onto the bottle and blend until smooth.

Pomegranate and Berry Smoothie

¼ cup unsweetened pomegranate juice

¼ cup water

½ cup mixed frozen berries

Put all into the blender in the order given, screw the blade onto the bottle and blend until smooth.

GOLDAIR

SUPPORT AND TECHNICAL ADVICE

Goldair – New Zealand

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Goldair – Australia

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Recipes

Banana Smoothie

1 cup milk
1 tsp honey
1 tsp vanilla
1 Tbsp passionfruit pulp
1 ripe banana

Put all into the blender in the order given, screw the blade onto the bottle and blend until smooth.

Avocado and Fruit Smoothie

1 cup orange juice
1 cup cranberry juice
Flesh of one avocado
½ cup frozen mixed berries

Put all into the blender in the order given, screw the blade onto the bottle and blend until smooth.

Just Peachey Shake

1 cup milk
1 dsp honey
1 cup ground linseed or LSA
1 tsp vanilla essence
1 Tbsp passionfruit pulp
½ of one 410g can of peaches

Put all into the blender in the order given, screw the blade onto the bottle and blend until smooth.

Healthy Double Chocolate Smoothie

(Don't be put off by the ingredients as this smoothie is just delicious. You cannot taste the spinach but get the health benefits of the iron and fibre from it, along with the antioxidants from the blueberries.)

½ cup almond milk
½ cup water
1 dsp dark cocoa powder or unsweetened drinking chocolate
1 scoop chocolate protein powder
½ apple
½ cup frozen blueberries
1 cup spinach with stalks removed

Put all into the blender in the order given, screw the blade onto the bottle and blend until smooth.

Pre-Workout Smoothie

(This smoothie gives you long lasting energy.)

½ cup milk
½ cup plain low fat yogurt
1 scoop chocolate protein powder
½ tsp vanilla
1 tsp honey
½ banana
1 dsp raisins
5 almonds

Put all into the blender in the order given, screw the blade onto the bottle and blend until smooth.

Post Workout Smoothie – Go Vanilla

(This has calcium for bone health and fibre to keep you feeling full.)

1 cup almond milk
½ tsp vanilla essence
1 scoop vanilla protein powder
1 Tbsp lemon juice
½ apple, cored and chopped
1 cup kale or spinach with stalks removed.

Put all into the blender in the order given, screw the blade onto the bottle and blend until smooth.

Post Workout Smoothie - Peanut Butter Heaven

(To recover from a sustained cardio session.)

1 cup milk or water
1 medium banana
1 dsp peanut butter
2 scoops chocolate protein powder

Put all into the blender in the order given, screw the blade onto the bottle and blend until smooth.

GOLDAIR

Two year warranty

Thank you for purchasing this Goldair product. Your product is warranted against faults and manufacture when used in normal domestic use for a period of **two years**. In non-domestic use Goldair limits the voluntary warranty to **three months**.

Goldair undertake to repair or replace this product at no charge if found to be defective due to a manufacturing fault during the warranty period.

This warranty excludes damage caused by misuse, neglect, shipping accident, incorrect installation, or work carried out by anyone other than a qualified electrical service technician.

PLEASE KEEP YOUR RECEIPT AS THIS WILL HELP VERIFY YOUR WARRANTY.

The benefits given to you by this warranty are in addition to other rights and remedies available to you under law in relation to the goods or services to which this warranty relates.

In Australia, our goods come with guarantees that cannot be excluded under the Australian Consumer Law. You are entitled to a replacement or refund for a major failure and compensation for any other reasonably foreseeable loss or damage. You are also entitled to have the goods repaired or replaced if the goods fail to be of acceptable quality and the failure does not amount to a major failure.

In New Zealand this warranty is additional to the conditions and guarantees of the Consumers Guarantee Act (1993).

Goldair – New Zealand

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IMPORTANT: Please complete and retain this warranty card



Name Purchased from

Address Date of purchase

..... Name of product

Suburb Model no

Attach a copy of the purchase receipt to this warranty card